

Ministry Resource Day

Keynote Address:
Britt Olson
Canon to the Ordinary for the
Bishop of Northern California

“Being Church in Anxious Times”

SATURDAY

May 9, 2009

8:30 AM - 4:00 PM

Location: Highline Community College, Des Moines

For on-line registration go to:

<https://ecwww.wufoo.com/forms/ministry-resource-day/>

Registration fee: \$25

Lunch included with registration

Who should attend: Clergy, staff, members of the Vestry or Bishop’s Committee, and leaders in: education for children and adults, youth and young adult ministries, evangelism, outreach, stewardship, planned giving, congregation administration, worship leaders, musicians, and any others interested in one or more of the workshops.

SCHEDULE

7:30 am–2:30 pm	Registration open
8:30–9:30 am	Morning Session 1
9:30–9:45 am	Move to second session
9:45–10:45 am	Morning Session 2
10:45–11:15 am	Break
11:15 am–12:30 pm	Eucharist with Keynote Address
12:30–1:30 pm	Lunch & time to look at exhibits
1:30–2:30 pm	Afternoon Session 3
2:30–2:45 pm	Move to fourth session
2:45–3:45 pm	Afternoon Session 4
3:45–4:00 pm	Evaluations

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General Information

Preparing for Ministry Resource Day

Organize a team so that your congregation may attend and gather resources from all the workshops of interest.

- Meet as a team before and after the event.
- Make a list of workshops that are most important to you and your congregation and decide who will attend each.
- Make a transportation plan.
- After MRD think of ways to share all the information and resources with the rest of your congregation.
- After MRD, implement at least one new program based on the information and resources you have gained.

Registration

The registration for this day-long event is \$25 per person, which includes class materials, access to resources in the exhibit area, morning coffee and treats, afternoon sodas and lunch. Scholarship assistance is available by calling 206-826-7248, ext. 3401, or e-mail MRDRegistrar@ecww.org.

On-Site Check-In &

Day-of-event Registration

On-site registration will be in the Student Union (building 8) upper level beginning at 7:30 A.M.; the first workshop begins at 8:30 A.M.

Lunch

A delicious lunch which, will be provided by the caterer at HCC, is included with paid registration. Choose on the day of the event, from turkey, ham, roast beef or vegetarian with aged cheese and the freshest vegetables. Each lunch comes with a bag of chips, two home-baked cookies and a can of soda or bottled water with appropriate condiments.

Pre-Registration Deadline

May 4, 2009. Please mail completed registration forms to:

Ministry Resource Day, Diocese of Olympia
PO Box 12126
Seattle, WA 98102

or complete the online registration at <https://ecww.wufoo.com/forms/ministry-resource-day/>. After May 4, registration will be on-site on a space-available basis.

Who Should Attend?

Workshops are designed for leaders and potential leaders of all aspects of your congregation's ministry. This includes clergy, staff and the members of the Vestry or Bishop's Committee as well as leaders in:

- education for children and adults
- youth and young adult ministries
- evangelism
- outreach
- stewardship
- planned giving
- congregation administration
- worship leaders
- musicians

While designed for leadership, the day is open to anyone with an interest in any of the workshops.

Childcare

No childcare is offered for this event.

Overnight Housing

Please contact Shannon Jergenson at 206-325-4200/800-488-4978, ext. 2039, or e-mail faith@ecww.org for suggestions about overnight housing in the vicinity of the campus.

Directions and Parking

Highline Community College is located at S 240th and Pacific Hwy S (Hwy 99) in Des Moines:

- From I-5, take exit 149 (if you are coming from Seattle) or 149B (if you are coming from Tacoma)
- Proceed west on Kent-Des Moines Rd. to Pacific Hwy S (one stoplight)
- Turn left (south) onto Pacific Hwy S.
- Turn right (west) onto S 240th St.
- Entrances to East and South parking lots are on the right
- From East lot walk west; from South lot walk northwest to the Student Union (building 8); registration will open beginning at 7:30 a.m.

Accessible parking is available in both lots.

If you would like more information, visit the Highline CC website at <http://www.highline.edu/home/maps/directions.html>. Parking is free and open on the weekends.

Special Needs

The Highline CC campus is a fully accessible campus with all buildings that we are using in close proximity to each other. However, there are slight inclines between and in and out of buildings. To make arrangements for any special assistance during MRD, please call Shannon Jergenson at 206-325-4200/800-488-4978, ext. 2039, or e-mail faith@ecww.org, by May 1.



Episcopal Bookstore & The Cathedral Shop

The **Episcopal Bookstore** and the **Cathedral Shop** from St. Mark's Cathedral welcomes members of the diocese to the 2009 Ministry Resource Day, and invites you to visit their satellite shops in the Student Union (building 8) upper level. Stop by to see what's new in stock!



www.shopatsaintmarks.org

Workshop Descriptions

Bishop's Office

101: When will this Crisis be Over?

(Session 1)

Presenter: Bishop Greg Rickel

Bishop Greg Rickel will explore that question, the question of how this most current financial crisis will change us as a community of faith, as witnesses to our world of our faith in Jesus Christ. This will be an interactive workshop designed for us to explore together ways we, as the Church, can be instruments of change, which of course must begin with US!

302: What's on the Bishop's Mind?

(Session 3)

Presenter: Bishop Greg Rickel

If you want to hear what Bishop Rickel is working on, looking toward and finding important right now, come join us for this hour of conversation and inquiry.

***Looking for a
particular workshop?***

Refer to the insert
"Workshops at a Glance"
for a list of workshops
by session.

Diocesan Office of Communications

103, 203, 303, 403: Communications Roundtable: Resources and Best Practices

(Session 1, 2, 3 or 4)

*One workshop to be presented at all
four sessions.*

*Presenter: Norah Joslyn, Director of
Diocesan Communications*

What can the Office of Communications do for you? In what great ways are you communicating with your church and community? Come learn about the services available to congregations, committees, commissions and programs affiliated with the Diocese of Olympia, and share your own best practices for church communications. We can all be great resources for one another. Let's find out how we can work together to share the good news of the Episcopal Church in Western Washington! Bring examples of your best work as well as ideas with which you might need guidance. Also: preview the upcoming Church Communicators' Conference taking place Saturday, May 30 at St. Paul's, Bellingham.

**104:
A Taste of the College for
Congregational Development**

(Session 1)

Presenters: The Rev. Melissa Skelton, Canon for Congregational Development and trainers from the College for Congregational Development

This workshop will give participants a “taste” of the College. By the end of the session, participants will have a working definition for organization development and congregational development and will have learned what the college understands the primary task of a congregation to be. Using these definitions and a model or two, participants will also have a chance to assess their own congregation.

By the end of the workshop, participants will be able to:

- Define organization development and congregational development
- Describe what a congregation’s primary task is and assess their own congregation based on this task
- Describe what the college does to assist leaders to develop their congregations

**305:
Help! How to Write a
Successful Congregational
Grant**

(Session 3)

Presenters: The Rev. Melissa Skelton and Members of the Grants Subcommittee of the Diocesan Council

This workshop will help participants:

- a) determine if what they want to fund qualifies for our diocesan congregational grants program,
- b) understand the grants process to include new steps added this year, and
- c) learn how best to complete a grants application so that the application will be more likely to have a positive outcome.

Participants will have a chance to ask any questions and to interact with the group that will be receiving the grant applications and recommending a course of action to Diocesan Council.

Congregational Consulting Network

**206, 406:
Questions about Conducting
a Mutual Ministry Review?**

(Session 2 or 4)

Presenters: Members of Congregational Consulting Network

This workshop will help participants not only clarify what Mutual Ministry Review is but also determine when and how the process makes sense for them and their communities.

Bishop's Committee on the Environment

**107, 307:
Greening Your Congregation**

(Part of Green Up and Cheer Up series)

(Session 1 or 3)

Presenters: Elizabeth Hardisty and Nancy McConnell

Elizabeth Hardisty and Nancy McConnell each head up an active green ministry group in their churches. As members of the Bishops Committee on the Environment, their current mission is to prepare the way for ECWW churches to understand, adopt and fulfill the Genesis Covenant.

This is a workshop for those who love God's Creation and want to inspire their congregation to take care of Creation, a vital part of church life. After this workshop, attendees will have a deeper understanding of the purpose of "green ministry" groups and the confidence to start a faith and environment group at their church. If they already have a group at their church, they'll have a chance to describe their work.

During this workshop, attendees will have a chance to share their stories and find support for their work. Everyone will leave with some resources and a network of contacts to help them with the greening process.

208:

Advocacy for All Creation

(Part of Green Up and Cheer Up series)

(Session 2)

Presenter: Jessie Dye, an attorney and Program and Outreach Director at Earth Ministry

This is a workshop for those who love God's good Earth and want to protect it through effective laws. The Episcopal Church is a leader in Caring for Creation at the denominational, diocesan and church level. This workshop goes to the next level by teaching the skills of advocacy in the public sector.

After this workshop, attendees will have the confidence to raise their voices on behalf of endangered climate, ecosystems and water as people of faith.

The goal of this workshop is to connect Christian theology with environmental stewardship at the public policy level, including how to speak to, write, and email your legislators. During this workshop, attendees will have a chance to identify environmental priorities, make a phone call to their representatives on behalf of Creation, and practice the skills of advocacy!

409:

Reducing Your Congregation's Carbon Footprint (Part of Green Up and Cheer Up series)

(Session 4)

Presenters: Members of the Genesis Covenant Task Force

This is a workshop for those who want to know more about carbon

footprints and the Genesis Covenant. Attendees will learn how to calculate a carbon footprint and how to begin reducing energy use at their church. The Genesis Covenant Task Force has researched the “nitty gritty” details of energy use in the Puget Sound and has come up with a carbon footprint calculator that works for our region. The task force has collaborated with Seattle City Light on pilot projects for several Episcopal churches in Seattle and is now ready to work with other churches in the diocese. Come and find out how your congregation can benefit from what the task force has learned.

Commission for Emerging Mission

110 & 210

310 & 410:

Anglimergence: Rediscovering Our Mission in Anxious Times

(Sessions 1 and 2 or 3 and 4. Don't have to take both sessions but it's recommended)

Presenter: Tim Mathis

During this workshop, attendees will have a conversation about “Anglimergence” – the emerging church as it is coming to expression in the Episcopal Church – and will consider its significance in relation to the local mission in the Diocese of Olympia. During the second half of the two-part workshop, participants will become “emergent for a day” and will consider some of the questions that are guiding the emerging church conversation.

Tim Mathis will direct discussion: he is the Community Catalyst for the

Diocesan Commission for Emerging Mission, a Youth Minister at St. Margaret's, Bellevue, and a participant on the Emerging Coordinating Group for the national Episcopal Church.

Stewardship and Evangelism Commission

111A & 211B

311C & 411D:

Practical Tools for Hospitality

(Sessions 1 and 2 or 3 and 4)

Presenter: The Rev. Canon Britt Olson, Canon to the Ordinary, Diocese of Northern California

This is a two-part workshop, with teaching and resources offered the first session followed by discussion and practical hands on consultation the second session.

If most churches were able to retain only 50 percent of the visitors as new members, they would grow by at least 15 families/singles each year. This workshop will provide practical tools on how to more effectively welcome and incorporate newcomers into the life of your congregation.

During the workshop it will be particularly useful for groups of people to come together from each individual church so that they can focus specifically on the location and nature of their community.

There will be instruction, discussion, activities and prayer to make the topics interesting and memorable.

112: Growing Young: Passionate Parishes are Welcoming to Young Families

(Session 1)

Presenters: The Rev. Susan Tyree-Cuevas and a member of the Young Families Ministry at St. Matthew's, Browns Point

The goal of this workshop is to encourage passion through Christian practice: Urban Monastery, how to develop a monastery in your parish. During this workshop, attendees will have a chance to ask questions and receive ways to better position themselves for growth in the area of 25- 40 age group.

Commission for Ethnic Ministries & First Nations Committee

113A & 213B: The Nisqually Tribe and the Diocese of Olympia: What We Don't Know

(Sessions 1 and 2)

One workshop over two sessions

Presenters: Kathryn Rickert, Becky Clark and Elsie Dennis

One workshop presented over two sessions. After this workshop, attendees will have a better understanding of the complicated and painful dealings between the Nisqually Tribe, the State of Washington and the Diocese of Olympia. Catch a glimpse of how we have - and might continue to collaborate in the future - with the Nisqually Tribe and know why it matters that Christians do this.

By beginning with the Nisqually, we may move beyond a poor understanding of the history of tribes in the State of Washington and to see how, as Christians, we are called to learn and respond to the consequences of that history in the present day.

1. To learn of and reflect theologically on the story of the Nisqually Tribe and the painful history of its dealings as well as successes with the State of Washington, as presented on a series of storyboards.
2. Watch a DVD in which a group interview with elders from one Nisqually family provides a very personal story connecting history to the present day.
3. Participate in a Sacred Talking Circle, during which participants will be invited to listen to others, to ponder for yourself and then reply to the question: How does my experience and knowledge of First Nations People challenge and support my Christian faith?

Elsie and Becky are co-chairs of the First Nations Committee, and both are from St. Matthew, Auburn. Kathryn has been a member of the First Nations Committee since 1989. In addition, she is the editor of the DVD to be shown at the workshop and Adjunct Faculty in the School of Theology and Ministry at Seattle University as well as recently received a Ph.D. in Practical Theology. She is from St. David-Emmanuel, Shoreline.

314: Making Connections – Multi-cultural Twister!

(Session 3)

Presenters: Members of the Anti-Racism Training Team

Our world grows “smaller” and, at the same time, more diverse by the day. We dream of being a truly multicultural church, which calls us to expand our relationships in many directions. This workshop will provide a lively, creative and thought-provoking way for participants to look at their own experiences and relationships across racial, cultural and ethnic groups. This fun approach can lead to some surprising insights about what helps us -- and what limits us. Participants of all generations and backgrounds are encouraged to take part!

The Anti-Racism Training Team facilitates workshops across the diocese for congregations and leadership groups. They bring a broad base of experience in congregations of all sizes and facets of diversity as well as a variety of resources.

Commission for Ethnic Ministries & Hispanic Committee

115: Developing Hispanic Ministry During Anxious Times

(Session 1)

Presenters: Bishop Nedi Rivera, facilitator; Panel members: the Rev. Jo Beecher, Ms. Dianne Aid, the Rev. Don Maddux and Mr. Alfredo Feregrino

Has your church thought about His-

panic ministry? Are you anxious and confused about where to start? Join us as we share and discuss key elements in the development of a successful Hispanic ministry. The goal of the workshop is to have a practical tool kit as you venture out and welcome members of the Hispanic community. The panel will share from a wealth of personal experiences. Collectively, they have over 20 years experience in Hispanic congregational development.

216: Abundancia y Autenticidad: a ser la iglesia para una nueva generación

(Session 2)

Presenter: Jason Sierra, Oficiante Programático Asociado para Ministerios en las Universidades y para los Adultos Jóvenes

El adulto joven, esta criatura elusiva que cada parroquia quiere, pero tan pocos están confidente que podrían atraer y retener. Vamos a pasar un rato discutiendo nuestros ansiedades sobre las diferencias entre las generaciones y explorando como, por celebrar nuestra identidad anglicano en nuestro contexto, podríamos abrir nuestras puertas mas ancho a todos generaciones. Esta sesión va a ofrecer ideas sobre creciendo un ministerio para su contexto que pudiera resonar con las necesidades de un adulto joven. También vamos a hablar de la iglesia emergente, y cuales herramientas lo ofrece para descubrir lo que es que traemos a una nueva generación como anglicanos.

317:

Identidad Episcopal

(Session 3)

Presenter: Alfredo Feregrino

Muchos de nosotros no nacimos dentro de la Iglesia Episcopal y aun para los que nacieron dentro de ella, a veces es difícil descifrar exactamente como navegar dentro de esta Iglesia. (Mis hijos y sus hijos han nacido y en esta Iglesia).

Esta presentación discutirá partes de la historia de la Iglesia Episcopal y la identidad Anglicana para ayudar a los participantes a entender la Iglesia Episcopal de hoy usando partes de la metodología del programa via (viviendo la identidad Anglicana) los puntos básicos en mi experiencia como miembro relativamente Nuevo de la Iglesia Episcopal y conceptos de un taller impartido por el Rev. John Rawlinson de Oakland, CA en la conferencia Nuevo Amanecer en Atlanta Georgia en Julio del 2008.

418:

Get to Know the Anglican/ Episcopal Church in El Salvador - Walking Together

(Session 4)

Presenter: the Rev. Jo Beecher

During this workshop, attendees will have a chance to learn about the church in El Salvador, its ministries and context, and will learn about the possibilities for a new companion relationship between Olympia and El Salvador. We look at ways to deepen the relationships begun by those from this diocese who have visited El Salvador and will explore the purpose of a companion cov-

enant for a shared mission of:

- mutual encouragement and prayer for one-another;
- intensified knowledge of and concern for one-another;
- the exchange of resources, both spiritual and material, and
- a first-hand experience what it means to live interdependently.

219:

Yo no conocí la Iglesia Episcopal en mi país - La Iglesia Episcopal en el Mundo

(Session 2)

Presenter: Rev. Jo Beecher

Durante este taller, los participantes van a conocer la ampliación de la iglesia episcopal en el mundo entero, enfocando especialmente en la iglesia en Latino-América. Vamos a aprender sobre la Comunión Anglicana y unos de las diferencias que dividen las iglesias dentro de ella; por ejemplo los efectos del colonialismo, diferencias culturales y teológicas acerca del rol de la mujer y la participación y aceptación de homosexuales en nuestras iglesias Anglicanas.

320:

La importancia de la Música en la Misa

(Session 3)

Presenter: Francisco López

Durante el taller los participantes van a aprender como seleccionar canciones para la misa del domingo y misas especiales. Vamos a aprender canciones nuevas y donde y porque caben en la misa las que ya conocemos.

Commission for Ethnic Ministries & the African-American Committee

**421:
Lift Every Voice and Sing!**

(Session 4)

Presenters: Jack Barben III, Music Director, St. Benedict's, Lacey and members of the African-American Committee

Lift up your heart, soul, and voice to God in this exciting and practical workshop. Sing and become familiar with many songs from LEVAS. Expand your knowledge of African-American song history. Learn fun and practical methods of presenting this new material to your congregation. It is hoped that selections from LEVAS will be an integral part of your music at every Sunday service.

Commission for Faith Formation

**122:
Consultations on
Curriculum for All Ages**

(Session 1)

Presenter: Sue Tait

Sign up for a one-on-one consultation with Sue Tait, the Diocesan Resource Center librarian. Explore just some of the materials found in the Diocesan Resource Center that are available for use in your church programs. If you like what you see, you may want to schedule a follow-up appointment, for a later date, to visit the Resource Center located at the diocesan offices in Seattle.

323:

The Journey to Adulthood, a Program of Spiritual Formation for Young People

(Session 3)

Presenter: Crystal Colombo

The Journey to Adulthood is a complete youth ministry program of spiritual formation for 6th-12th graders. It uses Bible study, prayer, rites of passage, outreach ministries and both serious and playful activities to underscore its two guiding principles:

- Manhood and womanhood are gifts from God, and
- Adulthood must be earned

The program is divided into three two-year segments: Rite-13, J2A and YAC. Come and hear how this wonderful program, based on the principles of relational youth ministry, can equip our young people to navigate this ever changing and sometimes dangerous time of their lives.

424:

Pilgrimage for Youth

(Session 4)

Presenter: Crystal Colombo

This workshop is designed to give those interested in pilgrimages for youth, or adults for that matter, an opportunity to discuss "Pilgrimage vs. Mission Project" and plan how to make a pilgrimage happen. Information on good pilgrimage sites will be included in the discussion. Much of the presenter's experience is from the Journey to Adulthood Program but that will not be the focus of this workshop.

125, 425: Program Development for Older Elementary/Pre-Teen Youth

(Session 1 or 4)

Presenter: Jan Akin

This gathering will explore options for presenting a youth group experience for youth in the 4th and 5th grades and will provide ideas for purpose, content and activities. The goal of this workshop is to identify the social and spiritual needs of this age group and encourage all of us to take a more active role in shepherding their needs outside of a traditional "Sunday School" environment.

Presented by Jan Akin, a veteran youth leader in the Diocese of Olympia, 24-year association with Diocesan youth programs, 12-year presenter of Child Abuse Prevention training, current participant in Colleagues of Children's Ministry, a member of St. John's, Olympia and recently retired Children & Family Ministries Director, Coordinator of Camp Michael since 1991, a ministry of the Willapa Region of the diocese and a passionate supporter of youth ministry.

226: Young Adolescence: Middle School is Where It's At

(Session 2)

Presenter: Janice Higby

Explore growth and development of young people, ages 11-15. When adults have a better understanding of the process of young adolescent development they will be better

equipped to respond in effective and supportive ways. As children change, it is helpful to know what ranges of behaviors are normal and what may be shaping the day to day experiences of their lives. This workshop is for youth advisers, church staff, parents and clergy who are interested in developing and supporting helpful relationships between early adolescents and their congregations.

Janice Higby has over 30 years experience in youth ministry with congregations and diocesan programs.

327: Young Adolescents: Building Programs that Work

(Session 3)

Presenter: Janice Higby

Explore the Seven Developmental Needs of Early Adolescents as tools for family and church interactions with youth ages 10 - 15. Dialogue with others who are interested in creating innovative programs for the formative years of middle school. This workshop builds on the *Middle School is Where It's At* workshop to discover ways to respond to the magical middle school age.

The presenter, Janice Higby, uses materials from the Episcopal Church as reference for this workshop. Janice has over 30 years experience in youth ministry with congregations and diocesan programs.

228:
**Oh @#\$\$%! I'm the Youth
Group Leader!**

(Session 2)

Presenter: Robert Graham

Gain an understanding of the basics as well as the intricate details of how to create a safe, fun, effective youth program.

Robert Graham grew up in our diocese participating in middle-and high-school youth programs at St. Michael and All Angels, Issaquah, summer camp programs at Camp Huston and the diocesan Youth Ministry Program –JYCs and HYCs. He has worked in congregation and diocesan youth ministry for 20 years. His passion is working with high school age youth although he has lots of experience with junior high and post-high school (college) youth.

429:
Put Your Youth in Charge

(Session 4)

Presenter: Robert Graham

Learn specific ideas and tools to empower your youth to take ownership of the youth ministry program. Talk about how to create a culture within your congregation that fully embraces and enjoys teenagers.

Robert Graham grew up in our diocese participating in middle-and high-school youth programs at St. Michael and All Angels, Issaquah, summer camp programs at Camp Huston and the diocesan Youth Ministry Program –JYCs and HYCs. He has worked in congregation and diocesan youth

ministry for 20 years. His passion is working with high school age youth although he has lots of experience with junior high and post-high school (college) youth.

330, 430:
Games for the Body and Mind

(Session 3 or 4)

Presenter: Alex Goins

Learn tricks of the trade when it comes to leading games to bring all kids into the activity and how to pick games that best meet the needs of your group. Play, explore and learn about new and exciting games for the body and mind.

Alex Goins has 20 years of youth work experience. He is currently a visit supervisor for foster care kids and their parents for the State of Washington.

231, 331:
**Vocation – The Journey
Continues**

(Session 2 or 3)

Presenter: The Rev. Mary Shehane

After this workshop, attendees will have the tools to exam God's call in their life. The goal of this workshop is to equip people for the next piece of their vocational journey. During this workshop, attendees will have a chance to examine where they began, what they are bringing with them and where God is calling them.

Mary is the Chaplain for the Episcopal Crossroads Ministry at the University of Washington and Deacon at St. Mark's Cathedral.

132:
**Abundance & Authenticity:
Being Church for a New
Generation**

(Session 1)

*Presenter: Jason Sierra, Associate
Program Officer for Young Adult and
Campus Ministry*

The young adult: that elusive creature that every church desires but so few are confident they can attract and retain. We'll spend some time addressing our anxieties around the generation gap and explore how embracing our Episcopalian and our church's identity and call to mission allow us to open our doors wide and make our communities safe for all generations. This session will also offer suggestions for developing young adult ministries appropriate to our particular context and the developmental needs of young adults.

133, 333:
**Praying the Anglican
Rosary**

(Session 1 or 3)

Presenter: Liz Barr

The Anglican rosary can be a useful aid in moving a person into an inner silence. Participants will make their own Anglican rosary and will learn to use it in contemplative prayer.

Liz Barr has been an active participant in the diocesan youth program for many years. As a youth leader and missionary she has used prayer beads both as a teaching tool and to support her own spiritual centering.

134A & 234B:
**Non-Anxious Presence in
Anxious Times: Practicing
Centering Prayer**

(Sessions 1 and 2)

Presenter: Cherry Haisten

One workshop over two sessions. Learn or re-learn the practice of Centering Prayer, a modern adaptation of an ancient contemplative practice described in part in the 14th-century English work "The Cloud of Unknowing." Anxiety is contagious and so is its opposite—peaceful and loving presence. Explore how this form of Christian meditation can help you develop such a presence and bring its benefits to those you serve. During this workshop, attendees will learn the method of Centering Prayer and experience it. After the workshop, attendees are encouraged to establish the prayer in daily life and over time observe its fruits in regard to their own anxiety and reactivity and that of those around them.

Cherry Haisten is Program Director of The Center at St. Andrew's (Seattle), member of the international resource faculty of Contemplative Outreach and longtime presenter of Centering Prayer and related practices.

135, 435:
**Experience Liturgical
Dance!**

(Session 1 or 4)

Presenter: Mary Alice Olson

The Liturgical Dance Workshop will give participants a chance to try some "freeing up" movement, learn

at least two simple dances suitable for presentation at a worship service and to develop and original dance based on a favorite passage of scripture.

Mary Alice Olson has been an active member of St. John's, Olympia for 49 years. For over 20 years, she has created dances for St. John's which have been presented by dancers of all ages and skill levels. She has also participated in and led numerous liturgical dance workshops.

236, 336, 436: Icons and Visual Meditation: Seeing the Sacred

(Session 2, 3 or 4)

Presenter: Victoria Scarlett, Director of the Center for Sacred Art, Seattle

Are you curious about icons? Do you wonder about the ways they're used and how they fit into Christian life and theology? If you've felt drawn to the beauty and contemplative qualities of icons but know little about them, this class is for you. Learn and experience for yourself the visual language of icons, and how icons can be used in prayer and developing your relationship with The Divine. Find inspiration for your spiritual practice!

Victoria Scarlett, Director of Seattle's Center for Sacred Art, will take participants through a series of slides showing how icons offer transcendent depictions of sacred reality. A historian of art and visual culture, she has a special interest in reclaiming traditional sacred art as a tool for conscious living and contemporary spiritual practice. The class will

include instruction in a visual meditation technique that is useful for contemplating icons and other kinds of images.

337: Don't Worry About Anything!

(Session 3)

Presenter: Don Wilbert, M.D.

Regular Sunday worship can promote the installation into our hearts of a peace that controls the way we think and feel! A psychiatrist explains how anxiety works and how certain traditional Christian practices can allow God's healing work in us.

After this workshop, attendees will experience more divine help with their problems, plus an ability to share this experience with others.

138: Picturing the Reformation

(Session 1)

Presenter: Bobbi Dykema Katsanis

During this workshop, attendees will have the chance to view images of a selection of some of the woodcuts and other artworks that helped to shape the Protestant Reformation. Artists such as Albrecht Durer, Hans Holbein and Lucas Cranach created works to illustrate writings and lift up the cause of reform.

Presenter Bobbi Dykema Katsanis is a Ph.D. candidate in Art and Religion at the Graduate Theological Union in Berkeley, working on a dissertation on Reformation visual propaganda.

Committee on Alcohol and
Substance Abuse

239, 439:

**Youth and Addiction: CASA
Supports Mission through
Action**

(Session 2 or 4)

*Presenters: Ruth Adams, Jeffrey
Angwin and Robin Hopkins*

During the workshop, attendees will have a chance to learn how to assist congregations and youth leaders to develop programs dealing with substance abuse and addiction, especially as it affects our youth.

The goal of the workshop is to serve as an informational and program resource for both congregations and individuals.

After the workshop those in attendance will have an understanding of what the Committee on Alcohol and Substance Abuse does.

Liturgy & Art Commission

140, 440:

**Nature: The First Book of
Worship**

(Session 1 or 4)

*Presenter: The Rev. Joseph
Hickey-Tiernan*

There is a marked preference for natural things among those who cherish the Christian sacraments: Creation, nature and worship. Trace the journey through the sacred year and open little windows in awareness, paned with images from nature. Come and recall your own journey, see the connections

between our patterns and those in nature. The workshop will be given amidst a display of the entire church year in image and object. Attendees of this workshop will consider this year, another year, perhaps a season yet to be experienced, a life yet to be understood.

Joseph Hickey-Tiernan is Priest Associate at Christ Church, Tacoma; a member of the faculty in the Dept. of Religion at Pacific Lutheran University; Chair of Liturgical Theology and Catechesis Workgroup of Diocesan Liturgy and Arts Commission; Instructor of Liturgy and Theology.

241:

**Engaging the Matter at
Hand: Explore the Matter
of Which Objects, Vessels,
Vesture and Icons Used in
Worship are Made**

(Session 2)

*Presenter: The Rev. Ralph
Carskadden*

During this workshop, attendees will have a chance to consider the matter of which the objects used in worship are made. What is the role of arts and crafts for the church in any circumstance and particularly the current economic situation? Attention will be given to the use of local materials and traditions. This workshop will be situated in a display of the entire church year in image and object. Awareness of our need for beauty in our worship will be strengthened and your imagination will be kindled. The matter matters!

Ralph is Priest Associate at St. Paul, Seattle; Instructor in Liturgy; Craftsman of Liturgical and Sacred Art; and serves on the Diocesan Liturgy and Arts Commission Workgroup for Liturgical Theology and Catechesis.

342:
**Prayers of the People:
Crafting Prayer Cards for
the Journey**

(Session 3)

Presenters: The Rt. Rev. Nedi Rivera, Ms. Deborah L. Hickey-Tiernan, Ms. Vivian Johnson and Ms. Joan Baker

The presenters all appreciate the importance of prayer and beauty to a journey of faith and can help you make a prayer card(s).

Combine beautiful words and images and craft your own prayer card(s). Books with prayers, scripture and verses will be available along with other supplies. Bring or find a prayer or text and an image that speaks to your heart and soul for anytime, but maybe especially these hard times. The art room, also known as Creation Central, will hold a beautiful display of the entire church year in image and object. Come and work in this space surrounded by loveliness and music that will nourish your spirit and soul as well as kindle your imagination.

243:
**Planning and Preparing
Music for the 11:00 AM
Eucharist**

(Session 2)

Presenter: Jack Barben III

Come to this workshop if you want to have a more intimate role in the music of the 11:00 AM Eucharist. We will provide music and instruments. You provide your heart, hands and voice.

Jack Barben is the Music Director at St. Benedict, Lacey and is involved with helping to provide music for many diocesan events.

344:
Improvising the Psalms

(Session 3)

Presenters: Jack Barben and Charles Rus

After the workshop, those in attendance will have let go of some of their fear of creating music without printed music. They will have some practical ideas about creatively and simply setting psalms to music. During the workshop all attendees will participate in the improvisations, and will be encouraged to come up with their own ideas.

Jack Barben is the Music Director at St. Benedict's, Lacey; Charles Rus is the interim Associate for Liturgical Arts at St. Thomas, Medina.

Transform Your Vestry

**145:
Transforming Your Vestry
or Bishop’s Committee**

(Session 1)

*Presenter: The Rev. George Anne
Boyle, Vicar, St. Benedict, Lacey*

The goal of this workshop is to talk about creating an effective leadership that steers the ministry in a productive and transformative way for the church and the community. Looking at a variety of different models, we will discuss how to change your Bishop’s Committee or Vestry from being a rubber stamp for their rector or vicar or a dissenting body to oppose the rector or vicar into a learning community that prays together and are disciples first and foremost. We will look at creating a decision making process that is more than “aye and nay” based—a decision making process that gives time for prayer and reflection on major choices that the church makes. During this workshop, the attendees will have a chance to learn about different models and to explore the ideas of Congregation Development writer Neal Michel as we will be using exercises and ideas from his books, “How to hit the ground running” and “Beyond Business as Usual.”

Commission on Ministry

**246:
The Shape of Ministry for
Anxious Times**

(Session 2)

*Presenter: Bishop Rivera and a
Panel of Lay and Ordained Leaders*

Learn about and discuss the evolving vision for lay and ordained ministry in the Diocese of Olympia. How can each order further the mission of the church? A panel of lay and ordained ministers headed by Bishop Rivera offer visions that will help clarify the roles of the four orders for ministry for those discerning call.

**447:
Thriving in the
Discernment Process in
Anxious Times**

(Session 4)

*Presenter: Panel of Lay and Or-
dained Leaders*

Participants will learn about discernment processes for ministry -- how to form and lead groups, the appropriate role of clergy and different ways to support persons called to lay, priestly or diaconal formation.

Commission for Planned Giving & Stewardship

148:

Our House - Loving & Caring

(Session 1)

Presenter: Liz Osborne & Carl Knirk

Could your church building and grounds use some fixing up, some tender love and care, perhaps some remodeling, better signage to welcome visitors, more hospitable restrooms? Is there maintenance that is being deferred, waiting for an emergency to happen? We will offer you a comprehensive "building survey" and invite you to assess your needs in 2009 with the promise that help will be available next year, in 2010, with conducting a feasibility study in your congregation to determine how much you might raise through your very own capital campaign to address these immediate and future needs. It is about being good stewards of the buildings and grounds God has given us. The survey is based on the real life experience of one of our congregations and their facilities committee.

349:

An Award Winning Approach to Holistic Stewardship

(Session 3)

Presenter: A Panel from St. Augustine's, Freeland, winner of the 2009 national Apostles in Stewardship for Best Practices Award to be given by The Episcopal Network for Stewardship at General Convention this summer

Holistic Christian Stewardship invites us to give back to God in gratefulness and joy for all that God has given to us. St. Augustine's, Freeland, practices year-round holistic stewardship, and will be awarded a national "best practices" award by TENS (The Episcopal Network for Stewardship) this summer at General Convention. A panel of St. Augustine members will share how they live out the Gospel and put it into practice by: Annual Giving; Legacy Giving; Mission Giving; and Capital Giving. Many of their resource materials will be available from TENS in the near future along with two other national award winning congregations.

Carl Knirk, Canon for Planned Giving/Stewardship will serve as moderator.

450:

Legacy Giving: Acting on Your Values While You Are in Health

(Session 4)

Presenter: Carl Knirk, Canon for Planned Giving/Stewardship/Evangelism and a panel of volunteers sharing how they've set up the ministry of planned giving in their churches

What will your legacy be in terms of your relationship with Christ? Attendees will learn how to develop an ongoing planned giving ministry at the local congregation that encourages, invites and thanks members who make arrangements for a legacy gift to fund future mission and ministry after they die. We are an endowed people, recipients of annual and legacy gifts from those

who preceded us, we worship in buildings provided by others. The Rubric on page 445 of our Book of Common prayer provides our walking orders for why it is important for us, as Christians, to get our affairs in order and consider charitable gifts. God does not want us to leave a mess. Learn what tools are available to help you get your affairs in order, including the new diocesan planned giving website: www.ecw-gift.org, our Life Planning Manual, Legacy Society Kit and Wills Awareness Program.

Total Common Ministry

**251:
The Pleasure of Each
Other's Company**

(Session 2)

Presenter: the Rev. Irene Martin

Goal: To present a new curriculum, "The Pleasure of Each Other's Company," for training leadership in Total Common Ministry congregations.

**352:
Resilience in Hard Times:
Learning from Fishing Communities and Salmon**

(Session 3)

Presenter: the Rev. Irene Martin

Goal: To provide information and resilience strategies from fishing communities, who traditionally have had to cope with hard times and fluctuations in incomes, that may be helpful in dealing with today's economy.

Treasurer's Office

**253:
You Wake Up and Realize
That You Are the New
Treasurer - Now What?**

(Session 2)

Presenters: Steve Faust, Diocesan Treasurer and Chris Smith-Clark, Canon for Finance

This workshop is aimed at the brand new treasurer, or less than two year incumbent, who has questions about what the job entails and where to go for answers to questions. Topics that will be addressed will include deadlines for diocesan reports, payroll service, how to check your own Net Disposable Income, how to initiate transactions in the Diocesan Investment Fund and what paperwork is required when a new employee is hired.

Attendees will have an opportunity to get their questions answered by the Diocesan Treasurer and the Canon for Finance.



Exhibits

Don't have time for all the workshops you want to attend? Stop by the Student Union (building 8) and explore resource tables set up by commissions, committees, programs and ministries in our diocese.

Exhibits will be open 8:00 A.M.-4:00 P.M.

- Evangelism
- Faith Formation
- Resource Center
- Planned Giving & Stewardship
- Community of the Paraclete
- Emerging Mission
- Young Adult & Campus Ministry, Episcopal Church Center
- Archives
- Diocesan Altar Guild
- CASA (Committee on Alcohol & Substance Abuse)
- Education for Ministry (EFM)
- Congregational Development
- Committee for the Environment
- Center at St. Andrew's

Registration for this day-long event is only \$25 (includes lunch). Register online today!

<https://ecww.wufoo.com/forms/ministry-resource-day/>

or use the enclosed registration form.



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